



Williamsburg Place Lecture Series  
**Donald McCartney**

# All the Great People are Dead... But You and Me. Shame, The Ultimate Form of Self-Indulgence

**FRIDAY, December 15, 2017 / 9:00 – 11:00 am / 2 CEUs / No charge**  
**Register at [FarleyCenter.com/wpls](http://FarleyCenter.com/wpls)**

**Donald McCartney, Ph.D.**  
Chief Executive Officer  
The Farley Center

The workshop will be held at  
The Pavilion at Williamsburg Place  
5483 Mooretown Road  
Williamsburg, VA 23188

## From this workshop, participants will learn how to:

- *Identify the difference between Shame and Guilt*
- *Identify how to resolve Guilt*
- *Identify how Shame is created*
- *Identify consequences of Shame*
- *Identify how to reduce and manage Shame utilizing the 12 Steps*

## ABOUT THE SPEAKER

In January 2011, Don McCartney joined The Farley Center at Williamsburg Place from HarborCrest Behavioral Health, an addiction treatment program at Grays Harbor Community Hospital in Aberdeen, Washington. For over three years, Don provided leadership at HarborCrest as the director of behavioral health. Don has been with Diamond Healthcare since 2007 and brings thirty-six years of extensive experience in the field of addiction and mental health to Williamsburg. His background includes clinical and managerial skills with inpatient, outpatient, and managed care settings.

Don's career began when he received training in addiction from Hazelden Treatment Center in 1977. He was trained by several pioneers in addiction treatment including Dr. Dan Anderson of Hazelden and Vern Johnson of the Johnson Institute. Additionally, he received training from Virginia Satir in Conjoint Family Therapy.

Don has implemented, developed, and transformed many addiction treatment programs to ensure their success. In addition to his involvement in behavioral health he held the position as associate director for a managed care company. Throughout his career, he has received several awards, including Director of the Year. Most recently, HarborCrest Behavioral Health received several awards for patient satisfaction under the leadership of Don. He has taught numerous courses in the states of Nevada and Washington on the topics of addiction, family therapy, and intervention skills. He holds a PhD in psychology and an MBA.